

## PRESS RELEASE

The Message Trust are passionate about reaching young people in South Africa – seeking to break the cycle of poverty, unemployment, gangsterism and crime. Our purpose is to raise up generations of urban heroes. Thousands of youth from the margins who have found their hope and purpose in Jesus. They are transformational leaders who are emotionally, socially and spiritually mature. Urban Heroes are not only transformed but transform others, creating ripple effects of change in their families, communities and nation.

The Message Trust South Africa is challenging you to run, walk, cycle, swim your 100kms in the month of November. We ask you to sign up to run on <a href="https://www.message.org.za/run100give100/">www.message.org.za/run100give100/</a> and we will help you set up your given gain page so that you can start raising money.

Follow us on Facebook @messagesouthafrica Follow us on Instagram @message\_trust\_sa For more information please contact

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We then invite you to join us on the 30th November 2024 to run your last 5km with us and our team!